



POPULATION HEALTH AND COHORT COMPARISON REPORT

EXA Corporation

September 23 – November 13, 2013

CONFIDENTIAL



EXA Corporation Population Health Report – Executive Summary

This population health report provides an aggregate summary of the **EXA Corporation** participant health data recently collected onsite by Catapult Health September 23 – November 13, 2013. A total of **1,469** on-site health evaluations were performed by Catapult Health over thirty-one days. In addition, **833** participants received flu shots. Participants were 34% women, 66% men and the average age was 42.8.

The Abaxis Piccolo blood chemistry analyzer, an instrument recognized for its precision and accuracy, was used to obtain readings for Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides and Glucose. In addition, participants responded to a series of questions about their health. After being tested, each participant received a personal health report containing all of their measured data, an explanation and interpretation of the data, and tailored recommendations for improving their health.

NEWLY IDENTIFIED RISKS	# NEWLY IDENTIFIED	% OF TOTAL TESTED
Pre-Hypertension	537	37%
Hypertension	72	5%
Severe Hypertension	15	1%
Pre-Diabetes	427	29%
Diabetes	16	1%
Dyslipidemia (high CHOL, low HDL, high LDL and/or high TRIG)	433	30%

Prior to receiving a Catapult Health checkup, participants detailed in each risk category above had never been told they were at risk for the corresponding conditions. The “newly identified” column above includes **ONLY** those who were assessed with the corresponding risk(s) for the very first time during their Catapult Health checkups.

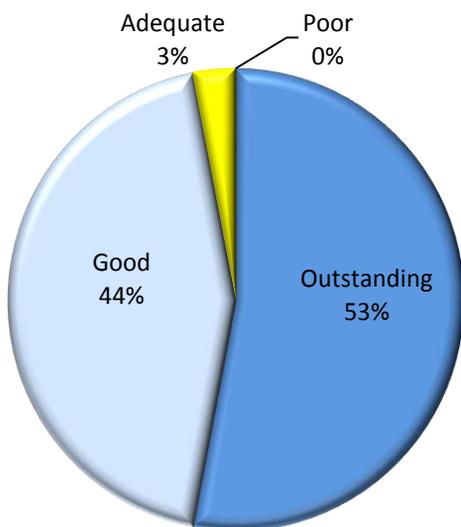
KEY OBSERVATIONS

- + **Metabolic Syndrome:** 500 people (34% of total tested) have 3 or more Metabolic Syndrome risk factors, increasing their risk for coronary artery disease, stroke, and type 2 diabetes
- + **Cancer Screenings**
 - + 264 people (48% of those age 50 and over) are overdue for a Colorectal Cancer Screening
 - + 166 women (33% of women tested) are overdue for a Pap Smear
 - + 92 women (29% of women age 40 and over) are overdue for a Mammogram
- + **Obesity:** 1,095 people (75% of total tested) are Overweight, Obese or Extremely Obese
- + **Primary Care Physician:** 37% of the men reported they do not have a Primary Care Physician
- + **Last Checkup:** 19% of all participants reported they have not had a checkup within the past year

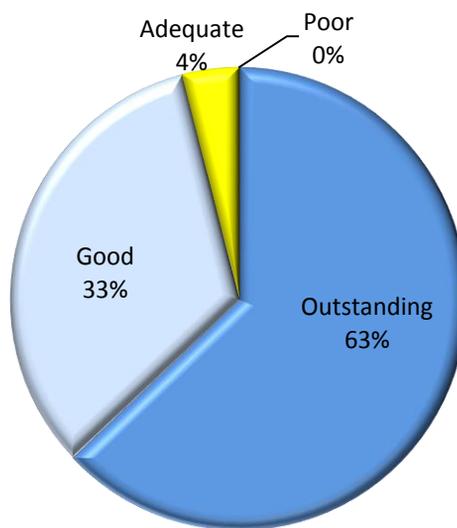
Participant Satisfaction Survey Results

Of the 1,469 EXA Corporation employees and dependents who received on-site health evaluations from Catapult Health, 1,272 completed a participant satisfaction survey immediately following their encounter with a Catapult Health Nurse Practitioner. Following are the aggregate results of two key survey questions. Additional survey results can be found beginning on page 26 of this report.

Please rate your **overall experience today**.



How would you rate **our concern for your privacy**?

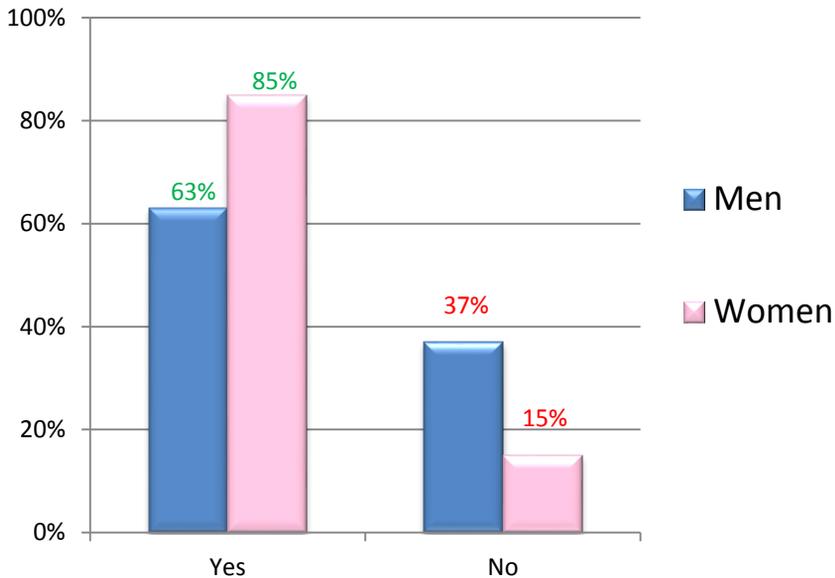


The following pages detail the clinical treatment plans initiated for each risk factor measured. In addition, when possible, lab results are automatically and securely transmitted by Catapult to each participant's Primary Care Physician shortly after each test occurs.

Routine Health Maintenance Results

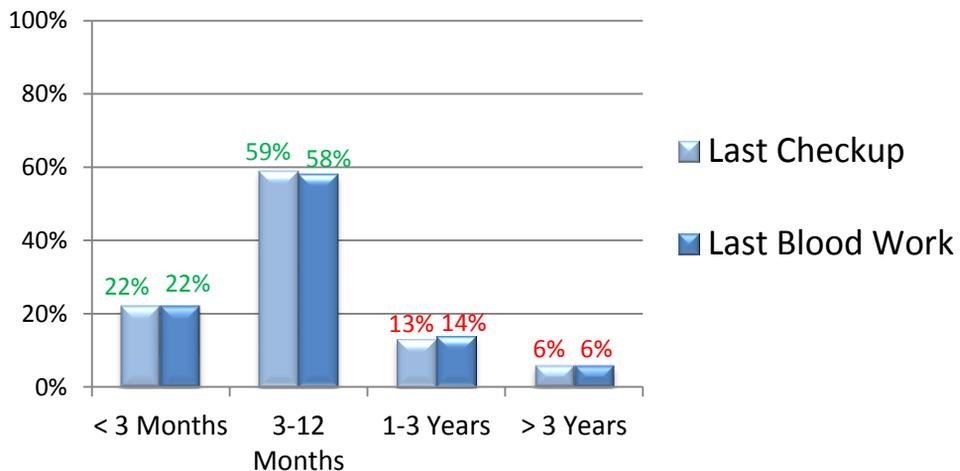
Each participant was asked the following questions:

Do you have a primary care physician or an OB/GYN who you see routinely for general health checkups?



When was the last time you had a medical checkup?

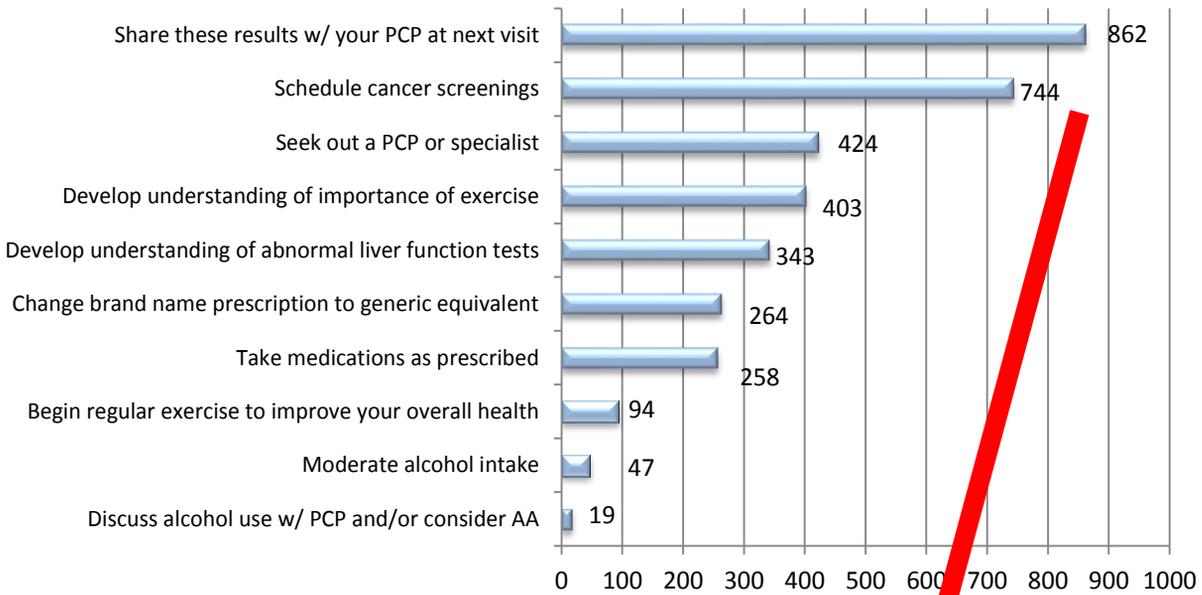
When was the last time you had blood work done?



Catapult Health Actions Taken for Routine Health Maintenance

Each EXA Corporation participant who participated in the onsite Catapult Health Evaluation event met with a licensed Nurse Practitioner to discuss his or her personal health assessment and specific areas of concern.

Nurse Practitioner Recommendations Made

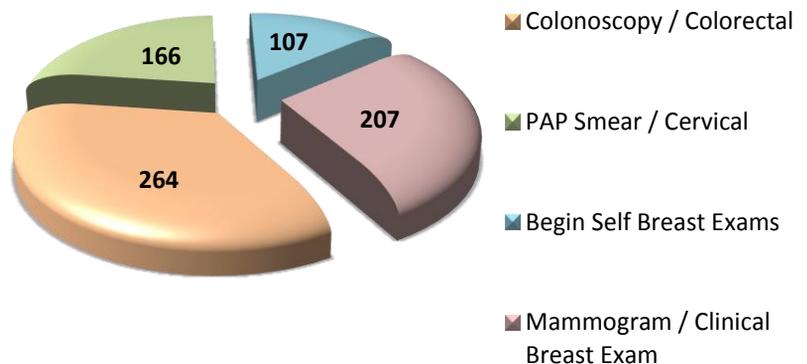


Primary Care Physician (PCP) eFaxes

Of the **648** participants who gave our staff their PCP names, Catapult Health was able to send the participant's lab results to **539** of their PCPs via eFax.

Those not sent were due to participants who did not provide a PCP name, the PCP name not being found in the National Provider database or the PCP having incorrect eFax information in the National Provider database.

Type of Cancer Screening

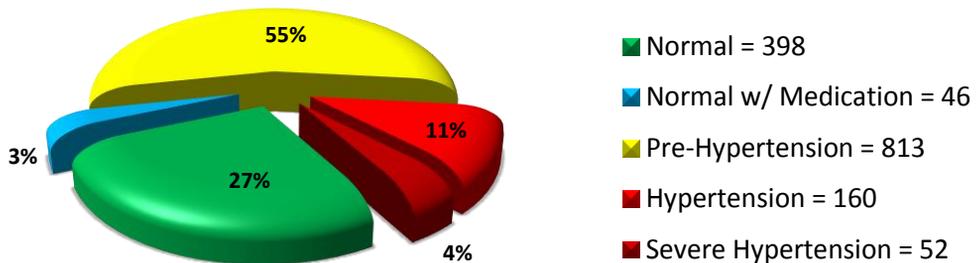


Blood Pressure Results

Blood pressure is the force of blood against the artery walls as it flows through your body. It is normal for blood pressure to go up and down throughout the day, however, if it stays high for too long, that can cause health problems such as heart disease and stroke. Blood pressure is written as two numbers. The first number (systolic blood pressure) is the pressure when the heart beats. The second number (diastolic blood pressure) is the pressure when the heart is refilling between beats.

- **Normal:** A healthy blood pressure is when the first number is less than 120 mmHg, and the second number is less than 80 mmHg.
- **Normal w/ Medication:** Blood pressure in the Normal range being controlled by medication.
- **Pre-Hypertension:** Blood pressure is in the range of 120-139 and/or second number is 80-89.
- **Hypertension:** Blood Pressure is in the range of 140-159 and/or second number is 90-99.
- **Severe Hypertension:** Blood Pressure is in the range of 160+ and/or the second number is over 100+

Blood Pressure (n = 1,469)



Newly Assessed with Hypertension

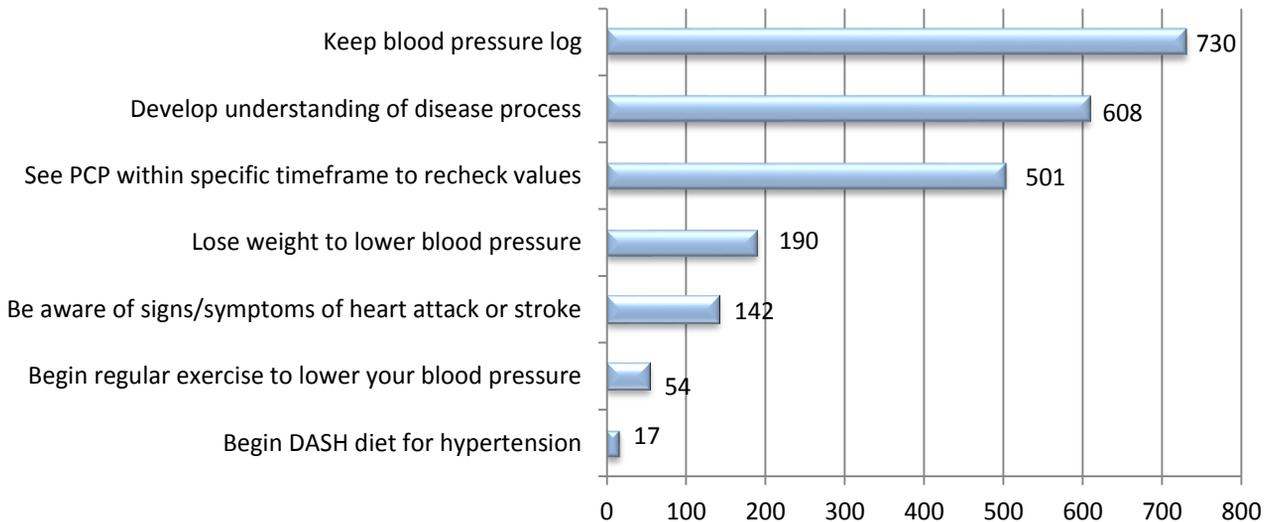
Commonly referred to as the “silent killer,” high blood pressure is the leading cause of stroke and is a major risk factor for heart attack. It is a very common medical condition with 1 in 3 Americans having high blood pressure and another 1 in 5 Americans having pre-hypertension, which puts them at extremely high risk for developing hypertension. Unfortunately, high blood pressure typically does not have any associated symptoms and it can be causing damage to your blood vessels and heart for years before being diagnosed. Too often the first diagnosis of high blood pressure occurs while being treated for a stroke or heart attack. Blood pressure is easy to measure and there are many safe, effective and proven medications to manage blood pressure. Weight loss, exercise and a healthy diet can have a powerful effect on blood pressure.

ALERT: A total of 537 participants (37% of those evaluated) with no previous diagnosis of Pre-Hypertension were assessed with Pre-Hypertension during this checkup. Another 72 participants (5% of those evaluated) with no previous diagnosis of high blood pressure were assessed with Hypertension, and 15 participants were newly assessed with Severe Hypertension. These are serious conditions that must be treated.

Catapult Health Actions for Hypertension

Of the 1,071 participants who were assessed onsite with Pre-Hypertension, Hypertension or Severe Hypertension, the following recommendations were made by the Nurse Practitioner.

Nurse Practitioner Recommendations Made

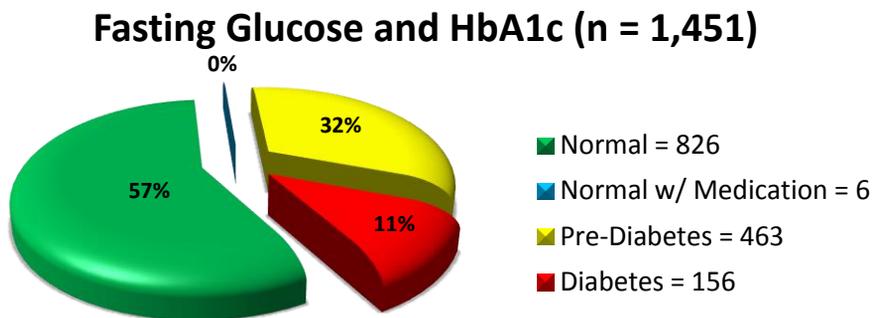


In addition to the treatment recommendations above, all assessed Hypertensives were instructed to discuss their condition with a physician. **50 high risk participants** in this group were also flagged for follow up by Catapult Health to ensure the participants kept their commitments to see their primary care physicians.

Blood Sugar Results

When you eat, your body breaks food down into glucose (or sugar). Cells need “energy” to work, and they get this energy from blood sugar. Insulin moves the sugar from the blood into the cells. Insulin does not work properly in people with diabetes. When insulin is not working, cells do not get the energy they need. This causes blood sugar to build up in the blood stream. Having blood sugar that is too high can cause nerve damage, eye problems, heart disease, and stroke. Blood sugar can go up and down throughout the day. Your eating habits, physical activity, and stress level also cause blood sugar to go up and down. Checking your blood sugar tells you how well you are managing your diabetes at a single point in time. The HbA1c test gives you a “bigger picture” of how well you are managing your diabetes. The HbA1c shows your average blood sugar control over the past 2-3 months and is generally considered normal at or below 5.7%.

- **Normal:** fasting glucose less than 100 mg/dL, HbA1c less than 5.7%
- **Normal w/ Medication:** fasting glucose in the normal range being controlled by medication
- **Pre-Diabetes:** fasting glucose in the range of 100-125 mg/dL, HbA1c between 5.7%-6.4%
- **Diabetes:** fasting glucose more than 125 mg/dL, HbA1c more than 6.4%



Diabetes and Pre-Diabetes at EXA Corporation

Diabetes has reached epidemic proportions in the US and all available data suggests things are only going to get worse. If not properly cared for, diabetes can be a devastating and extremely costly condition. Diabetes is the leading cause of amputations, kidney disease and blindness in the US, and the risk of heart attack and stroke is increased by 200% in individuals with diabetes. These health risks directly translate into health care costs, as 1 out of 5 health care dollars in the US is spent on caring for individuals with diabetes.

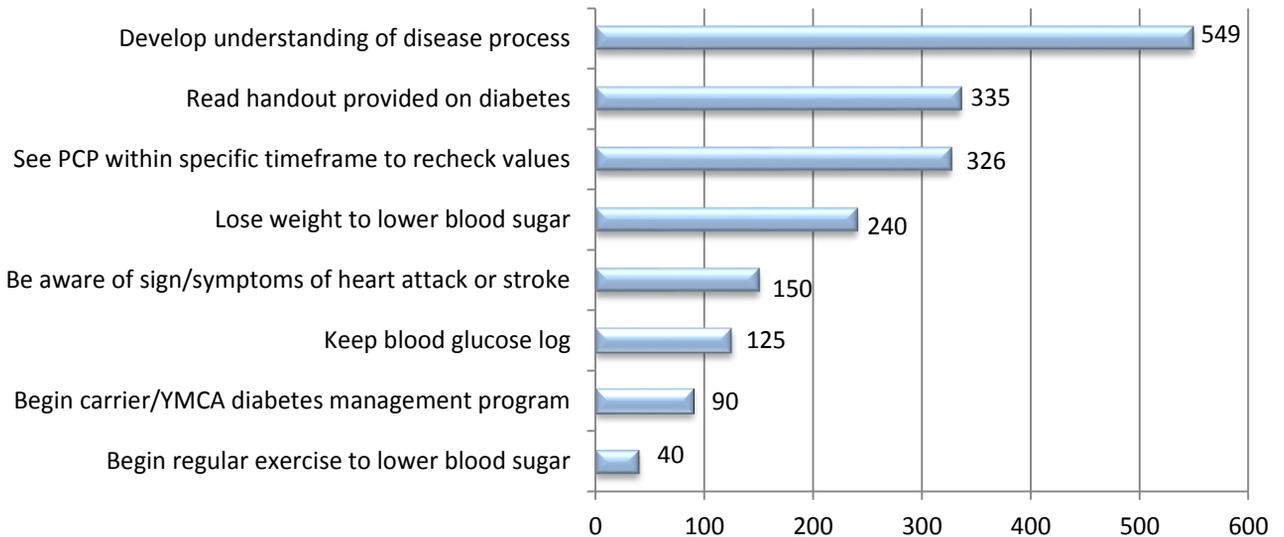
The health risks and costs associated with diabetes can be greatly reduced with comprehensive medical management. For example, an individual with well controlled diabetes on average has \$10,000 in yearly health care costs, whereas an individual with poorly controlled diabetes and complications averages \$30,000 per year in health care costs.

ALERT: A total of 427 participants (29% of those evaluated) with no previous diagnosis of Pre-Diabetes were assessed with Pre-Diabetes during this checkup, and 16 participants with no previous diagnosis of Diabetes were assessed to be in the Diabetic range.

Catapult Health Actions for Pre-Diabetes and Diabetes

Of the 625 participants who were assessed onsite with Pre-Diabetes or Diabetes, the following recommendations were made by the Nurse Practitioner.

Nurse Practitioner Recommendations Made



In addition to the treatment recommendations above, the Nurse Practitioners discussed medication options with the assessed Diabetics. They were all instructed to discuss their condition with a physician. **24 high risk participants** in this group were flagged for follow up by Catapult Health to ensure the participants kept their commitments to see their primary care physicians.

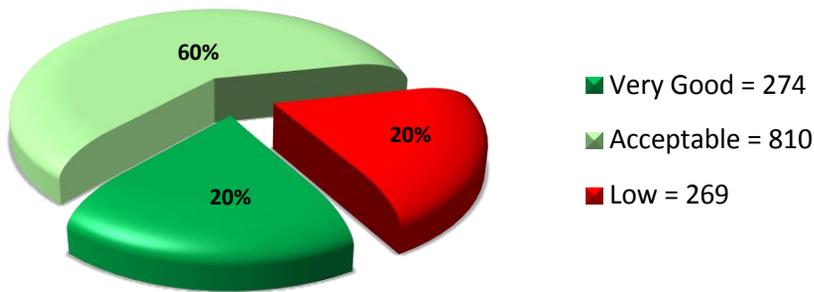
Heart Health Results

Cholesterol is a waxy, fat-like substance found in your body. It is also found in many foods. Your body needs cholesterol to work properly, and it naturally makes all that it needs. Too much cholesterol can build up in your arteries depending on the type of foods you eat. Over time, buildup of cholesterol weakens the arteries which can cause a heart attack or stroke.

HDL is the “good” cholesterol. It helps clean out build-up in the arteries. High levels of HDL reduce your risk for a heart attack or stroke. The higher your HDL, the better!

- **Low:** fasting HDL less than 40 mg/dL
- **Acceptable:** fasting HDL in the range of 40-59 mg/dL
- **Very Good:** fasting HDL of 60 mg/dL or higher

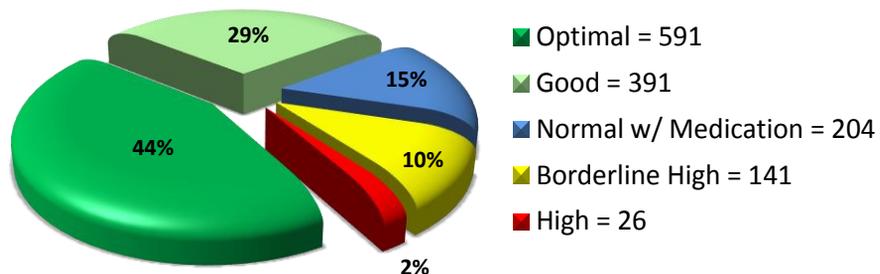
Fasting HDL Cholesterol (n = 1,353)



LDL is the “bad” cholesterol. It makes up most of the body’s cholesterol. Too much LDL can damage arteries and lead to a heart attack or stroke. The lower your LDL, the better!

- **Optimal:** fasting LDL less than 100 mg/dL
- **Good:** fasting LDL in the range of 100-129 mg/dL
- **Borderline:** fasting LDL in the range of 130-159 mg/dL
- **High:** fasting LDL in the range of 160-189 mg/dL
- **Very High:** fasting LDL of 190 mg/dL or higher

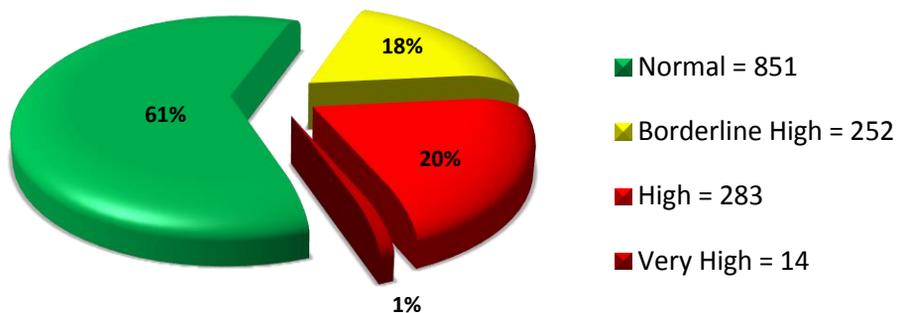
Fasting LDL Cholesterol (n = 1,353)



Triglycerides are a type of fat that is found in the blood. Your body changes any unused calories into Triglycerides for future energy needs. When your Triglycerides are too high, they are stored as fat. When Triglycerides are too high it leads to hardening of the arteries and to heart disease.

- **Normal:** fasting TRIG less than 150 mg/dL
- **Borderline High:** fasting TRIG in the range of 150-199 mg/dL
- **High:** fasting TRIG in the range of 200-499 mg/dL
- **Very High:** fasting TRIG of 500 mg/dL or higher

Fasting Triglycerides (n = 1,400)



Why is it so important to measure Cholesterol?

Total cholesterol (CHOL) is composed of low density cholesterol (LDL) and high density cholesterol (HDL). The LDL cholesterol is commonly referred to as the “bad” cholesterol, whereas HDL cholesterol is typically called the “good” cholesterol. Elevated LDL cholesterol is a powerful risk factor for heart attacks and strokes. In fact, LDL cholesterol represents one of the most important modifiable risks factors for preventing heart attack and stroke. Conversely, low levels of HDL cholesterol are associated with increased risk of heart attack and stroke.

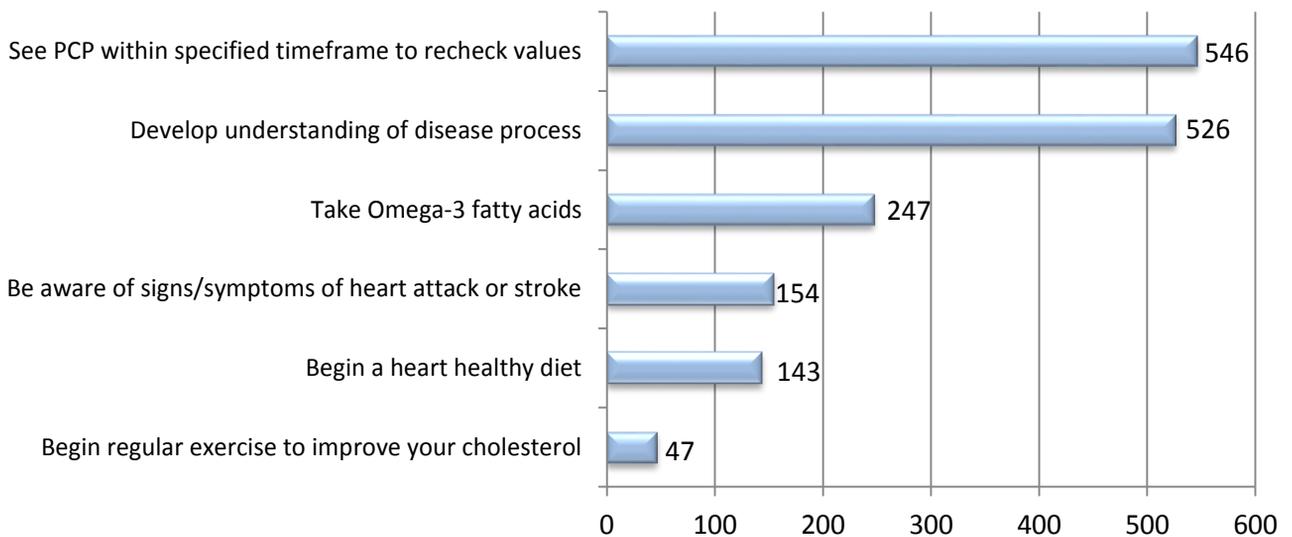
Both LDL and HDL are easy to measure and there are many safe, effective and proven medications to manage their levels. While both your HDL and LDL are primarily determined by your family history (genetics), weight loss can substantially reduce your LDL and regular exercise has been found to raise HDL.

ALERT: A total of 433 participants (30% of those evaluated) with no previous diagnosis of Dyslipidemia (high CHOL, low HDL, high LDL and/or high Triglycerides) were assessed with Dyslipidemia during this checkup.

Catapult Health Actions for Dyslipidemia

Of the 847 participants who were assessed onsite with Dyslipidemia (high CHOL, low HDL, high LDL and/or high Triglycerides), the following recommendations were made by the Nurse Practitioner.

Nurse Practitioner Recommendations Made



15 high risk participants in this group were flagged for follow up by Catapult Health to ensure the participants kept their commitments to see their primary care physicians.

Body Composition Results

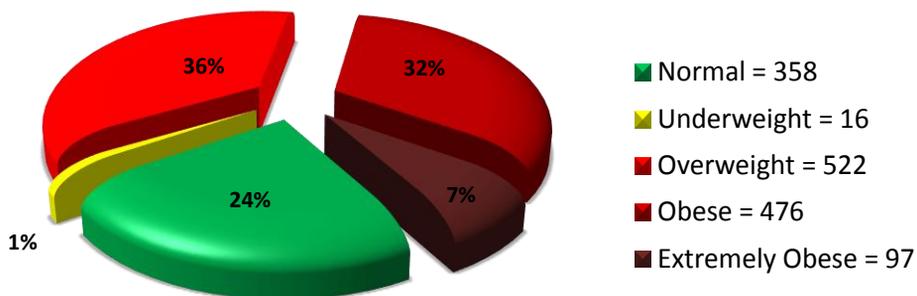
There are two ways to determine whether you are at a healthy weight: BMI (Body Mass Index) and Abdominal Circumference.

Body Mass Index (BMI) is a measure of body fat based on your height and weight. It is calculated using a formula.

BMI = Weight (lbs.) x 703 / Height (inches) x Height (inches)

- **Underweight:** BMI less than 18.5
- **Normal or Healthy:** BMI in the range of 18.5 – 24.9
- **Overweight:** BMI in the range of 25.0 – 29.9
- **Obese:** BMI in the range of 30.0 – 39.9
- **Extremely Obese:** BMI of 40 and higher

Body Mass Index (n = 1,469)



What is Obesity costing you?

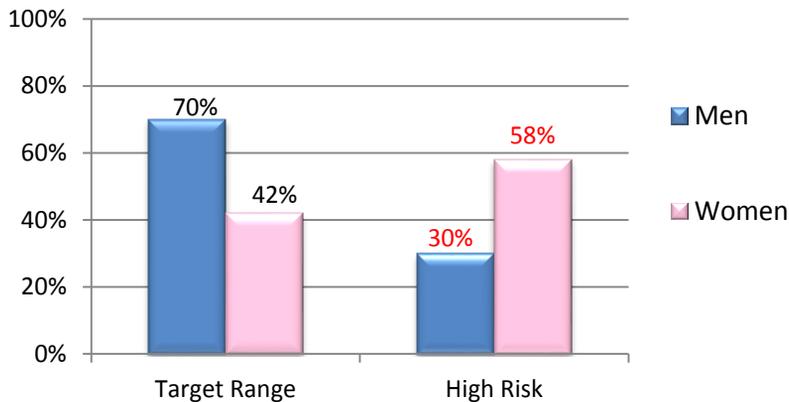
Over the last 30 years the rate of obesity has skyrocketed in the US. While the cause of this dramatic increase can be debated, the significant impact to the health of Americans cannot. Excess weight is associated with increased risk for heart attacks, stroke, high blood pressure, certain cancers, sleep apnea and, of course, diabetes. In fact, obesity is likely the single most important factor in the ongoing diabetes epidemic, with 85% of individuals with diabetes being overweight.

It is estimated that obesity is responsible for almost 150 billion dollars in health care costs. Medical expenses for obese participants are estimated to be 42 percent higher than for a person with a healthy weight. It has been reported that medical expenditures average \$1,400 more a year for an obese person than someone who's normal weight. Workplace obesity prevention programs can be an effective way for employers to reduce obesity and lower their health care costs, lower absenteeism and increase participant productivity.

Abdominal Circumference is a measure of “belly fat”. Carrying more weight in your stomach area is linked to many health problems, including diabetes, high blood pressure, high cholesterol, and heart disease. To measure Abdominal Circumference, place a tape measure around your bare stomach just above your hip bone. The tape should be snug. It should not press into your skin, and should be parallel to the floor. The most accurate way to measure your abdomen is to have someone else do it for you.

- **Men:** abdominal circumference should be less than 40 inches
- **Women:** abdominal circumference should be less than 35 inches

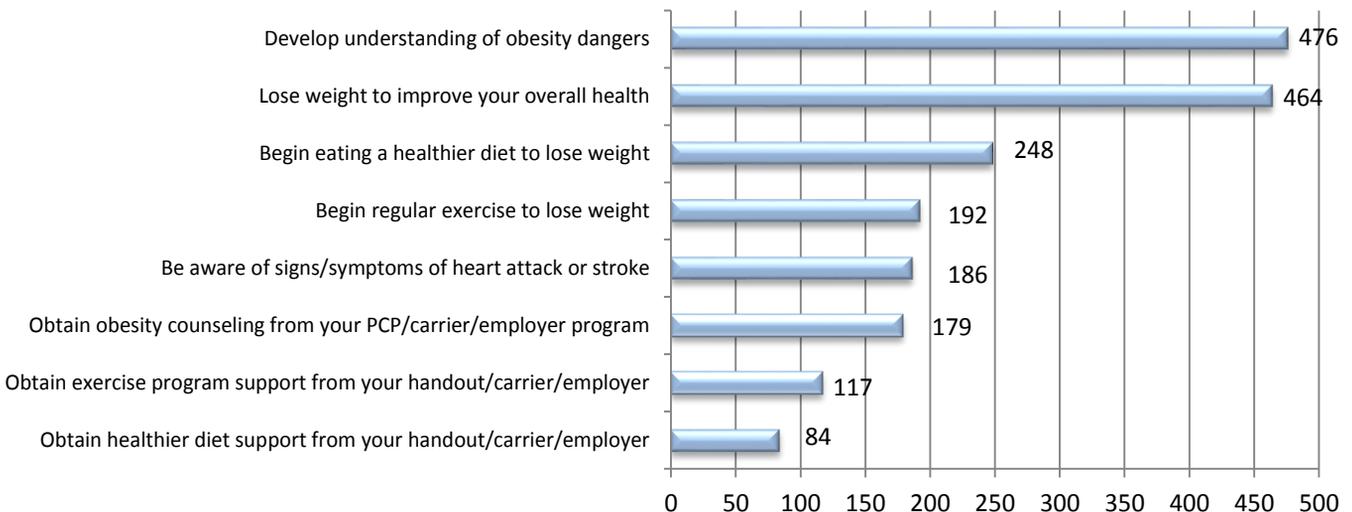
Abdominal Circumference



Catapult Actions for Obesity

Of the 573 participants who were assessed onsite as being Obese, the following recommendations were made by the Nurse Practitioner.

Nurse Practitioner Recommendations Made



Metabolic Syndrome

Metabolic Syndrome is a name for a group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and type 2 diabetes. Metabolic Syndrome is present if you have **three or more** of the following five risk factors:

1. Elevated waist circumference:

- Men — greater than 40 inches
- Women — greater than 35 inches

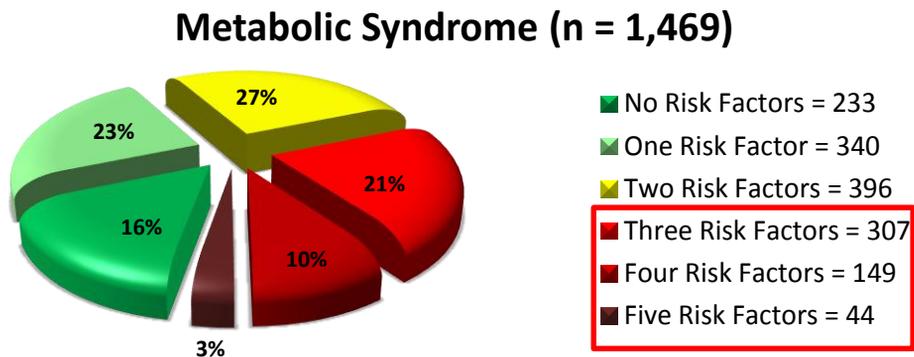
2. Elevated triglycerides: Equal to or greater than 150 mg/dL

3. Reduced HDL ("good") cholesterol:

- Men — Less than 40 mg/dL
- Women — Less than 50 mg/dL

4. Elevated blood pressure: Equal to or greater than 130/85 mm Hg, or use of medication for hypertension

5. Elevated fasting glucose: Equal to or greater than 100 mg/dL or use of medication for hyperglycemia



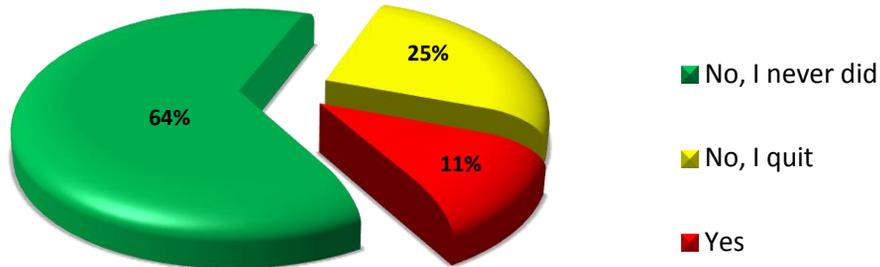
Why Metabolic Syndrome is Becoming a Greater Concern

Your risk for heart disease, diabetes, and stroke increases with the number of metabolic risk factors you have. In general, a person who has Metabolic Syndrome (three or more of the risk factors detailed above) is **twice as likely to develop heart disease** and **five times as likely to develop diabetes** as someone who doesn't have Metabolic Syndrome. Having even one risk factor raises the risk for heart disease. The risk of having Metabolic Syndrome is closely linked to obesity and a lack of physical activity, and Metabolic Syndrome is becoming more common due to a rise in obesity rates among adults. Insulin resistance also may increase risk for Metabolic Syndrome. In the future, Metabolic Syndrome may overtake smoking as the leading risk factor for heart disease.

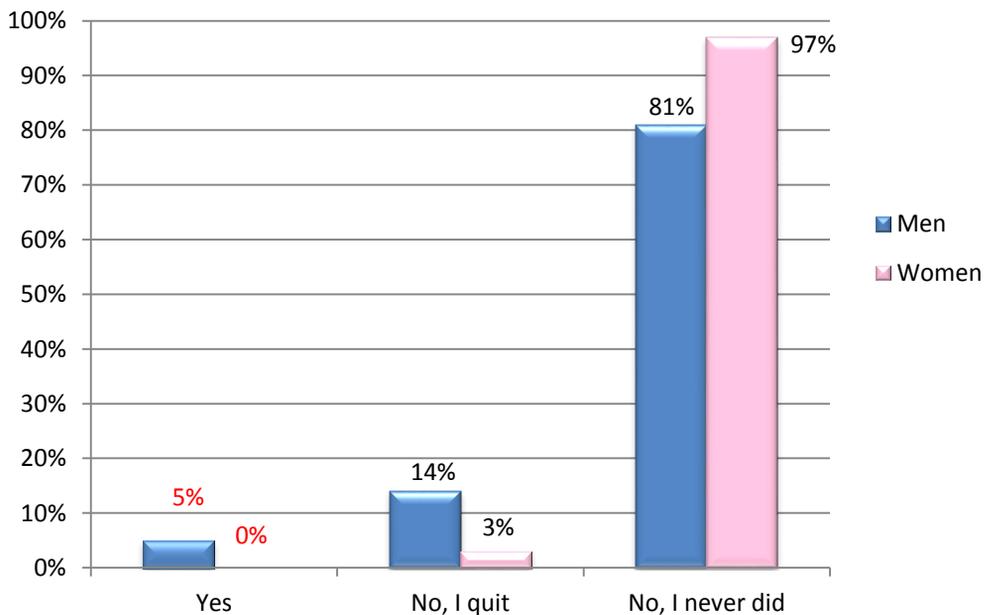
Tobacco Use Results

Participants were asked the following questions:

- ***Do you currently SMOKE tobacco?***



- ***Do you currently use any SMOKELESS tobacco products, such as chewing tobacco or snuff?***



Smoking kills 1,000 Americans EVERY day

Smoking is the leading cause of preventable cancer and heart disease. Smoking is responsible for 85% of lung cancers in the US, and increasing your risk of heart attack (& stroke) by 200 to 400 percent. In fact, more than 1,000 Americans die a day from tobacco use. Smoking not only robs years from your life but also greatly reduces overall life quality, as smoking is a powerful risk factor for emphysema, osteoporosis, hip fracture and sexual dysfunction.

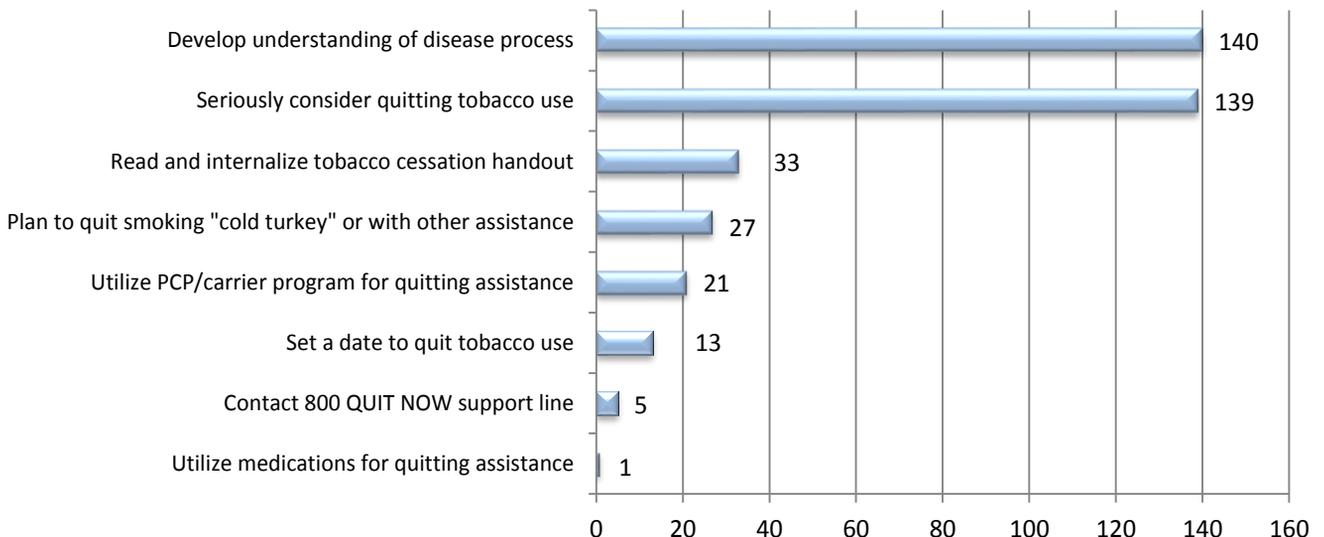
The economic costs are staggering. The annual health care costs associated with smoking are estimated to be approximately \$100 billion dollars, with another \$100 billion lost in productivity. It is estimated that smoking costs each household in the US \$616 per year in smoking related government spending. The average smoker misses 6 days a year due to illness, while a non-smoker misses less than 4, and smokers are hospitalized more often with longer length of hospital stays. The CDC estimates that a smoker costs a company almost \$4,000 dollars more per year than a non-smoker. There are clearly many, many reasons to promote a smoke-free environment in the work place.

157 EXA Corporation participants reported they currently smoke and 52 participants reported they currently use smokeless tobacco. If you've not already done so, we encourage you to implement an attractive tobacco cessation program with a compelling incentive for participation (or a compelling disincentive for not participating).

Catapult Health Actions for Tobacco Use

Of the 209 participants who reported onsite they were current tobacco users, the following recommendations were made by the Nurse Practitioner.

Nurse Practitioner Recommendations Made



EXA Corporation's Population Health vs. Catapult Health's Client Averages

In order to provide some perspective and comparative analysis to **EXA Corporation's** population health results, Catapult Health has compiled population health averages based on a large and balanced sampling of its clients. The following statistics reflect the health evaluations of approximately 30,000 participants and dependents of over 100 employers across Texas and Oklahoma and include industries as varied as telecommunications, energy, legal, public schools, universities, manufacturing, technology and municipalities.

	Catapult Average	EXA
<u>AVERAGE (MEAN) AGE</u>	42.9	42.8
<u>BLOOD PRESSURE</u>		
NORMAL	28.0%	27.1%
CONTROLLED HYPERTENSION	2.6%	3.1%
PRE-HYPERTENSION	53.4%	55.3%
HYPERTENSION	12.4%	10.9%
SEVERE HYPERTENSION	3.6%	3.5%
<u>DYSLIPIDEMIA</u>		
NO	50.7%	42.3%
CONTROLLED	5.9%	7.1%
YES	43.4%	50.6%
<u>DIABETES</u>		
NORMAL	64.4%	56.9%
MANAGED	0.7%	0.4%
PRE-DIABETES	27.0%	31.9%
DIABETES	7.9%	10.8%
<u>BODY MASS INDEX</u>		
UNDERWEIGHT	1.0%	1.1%
NORMAL	25.5%	24.4%
OVERWEIGHT	34.2%	35.5%
OBESE	31.8%	32.4%
EXTREMELY OBESE	7.6%	6.6%
<u>DO YOU CURRENTLY SMOKE TOBACCO?</u>		
NO	90.0%	89.3%
YES	10.0%	10.7%
<u>METABOLIC SYNDROME</u>		
NO	75.8%	66.0%
YES	24.2%	34.0%

EXA Corporation Population Health and Cohort Report – Executive Summary

In addition to the population health data for the Fall 2013 event, this report section provides a comparison of the participant health data from the *same individuals* from **EXA Corporation** who participated in Catapult Health onsite health checkups in **2012** and again in **2013**. A total of **964** individuals were tested in **2012** and again in **2013**. Those not tested twice are excluded from the cohort analysis. Total checkups performed in previous years were **1,386** in **2012**. The increase from 1,386 checkups in 2012 to 1,469 checkups in 2013 represents a **6%** increase in participation.

Key Findings for EXA Corporation

Following are several significant health status improvements made in the cohort population during the period between 2012 and 2013:

- + **Blood Pressure:** The number of participants in the Severe Hypertension risk category decreased by 44%
- + **Blood Sugar:** The number of participants in the Diabetes risk category did not change
- + **Heart Health:** The number of participants in the No Dyslipidemia (high CHOL, low HDL, high LDL and/or high Triglycerides) risk category increased by 10%
- + **Body Mass Index:** The number of participants in the Overweight risk category decreased by 4%
- + **Metabolic Syndrome:** The number of participants with Metabolic Syndrome decreased by 12%
- + **Participants with a PCP:** The number of male participants with a Primary Care Physician increased by 17%, and the number of female participants with a PCP increased by 10%

Additional Observations

- + **Blood Pressure:** Average systolic blood pressure decreased by 4% and diastolic blood pressure decreased by 6%
- + **Blood Sugar:** Average fasting blood sugar decreased by 2%
- + **Heart Health:** Average fasting HDL (“good”) cholesterol increased by 1% and triglycerides decreased by 4%
- + **Body Mass Index:** Average waist circumference decreased by 1%

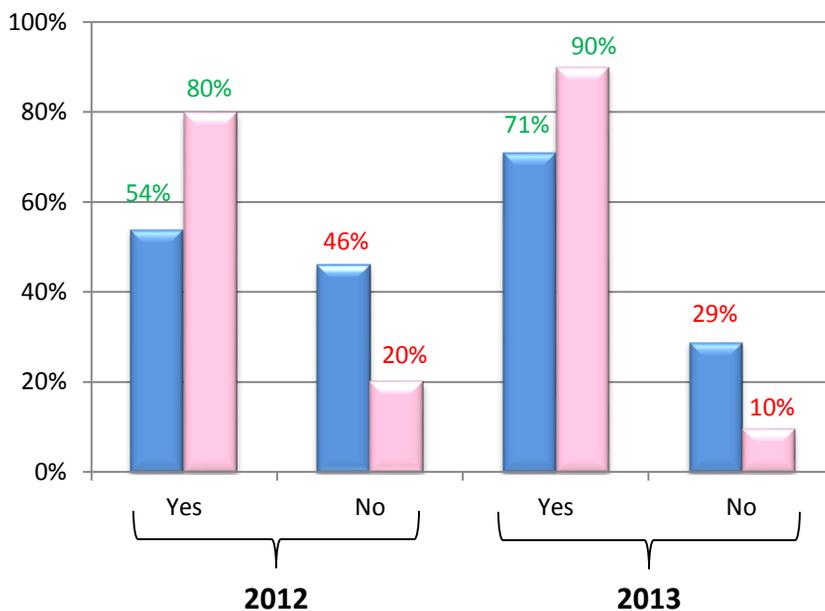
While most of these results are encouraging, more can always be done to reduce health risks and prevent participants from developing chronic conditions. EXA Corporation should continue to implement effective population health management programs and encourage their participants to participate with meaningful incentives.

Routine Health Maintenance Results

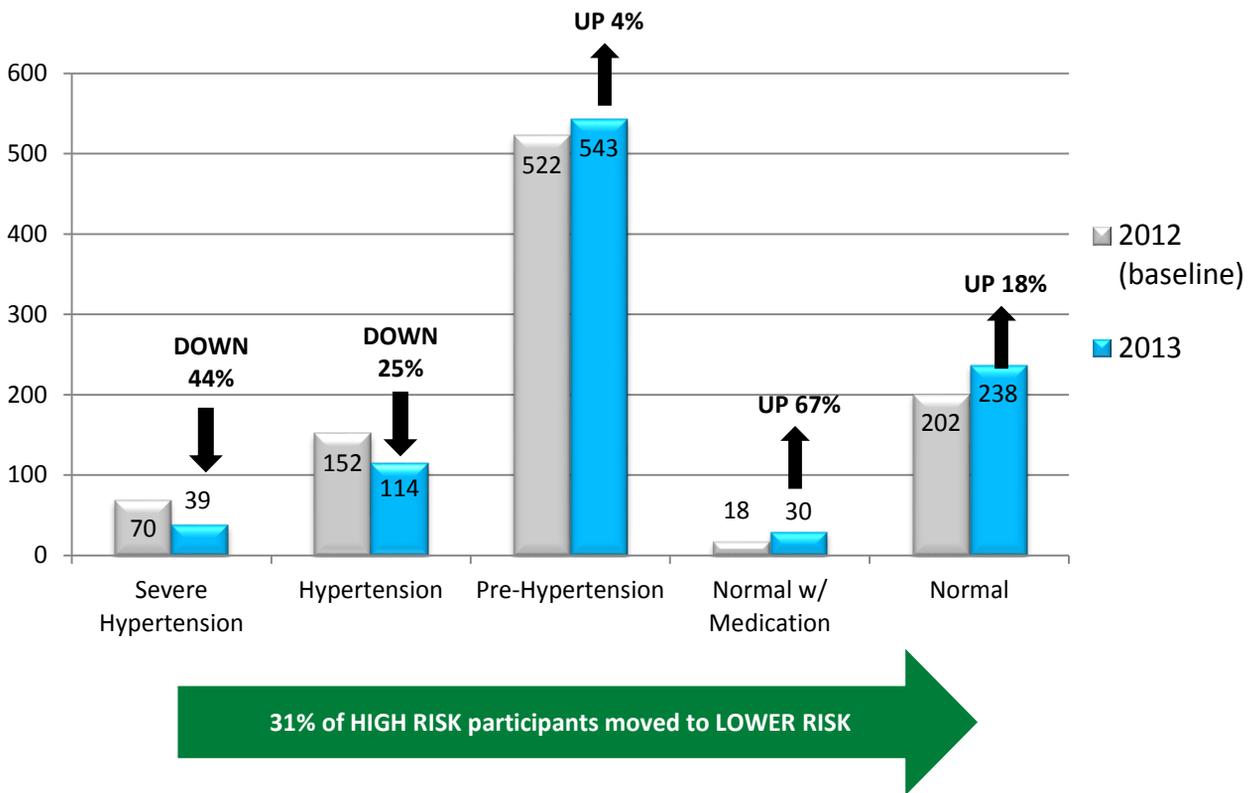
Each participant was asked the following question:

Do you have a primary care physician or an OB/GYN who you see routinely for general health checkups?

Cohort Analysis



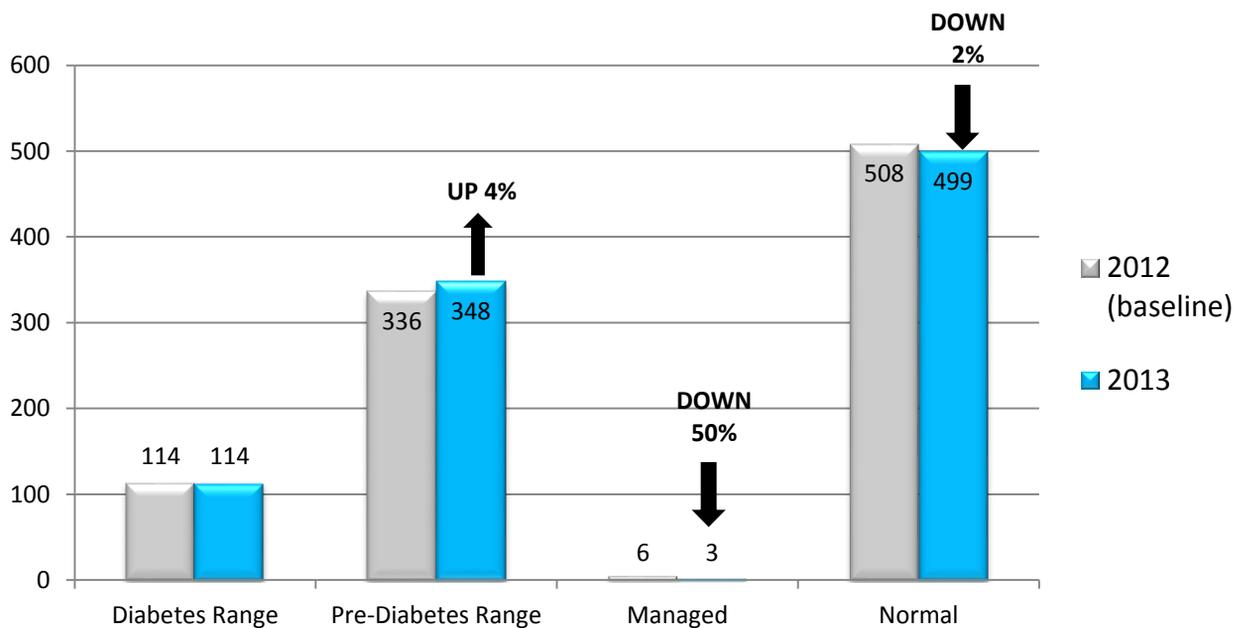
Blood Pressure - Cohort Analysis



Key Findings

- + The number of participants in the Severe Hypertension risk category decreased by 44%
- + The number of participants in the Hypertension risk category decreased by 25%
- + The number of participants in the Pre-Hypertension risk category increased by 4%
- + The number of participants in the Normal w/ Medication Blood Pressure risk category increased by 67%
- + The number of participants in the Normal Blood Pressure risk category increased by 18%
- + Average systolic blood pressure decreased by 4%
- + Average diastolic blood pressure decreased by 6%

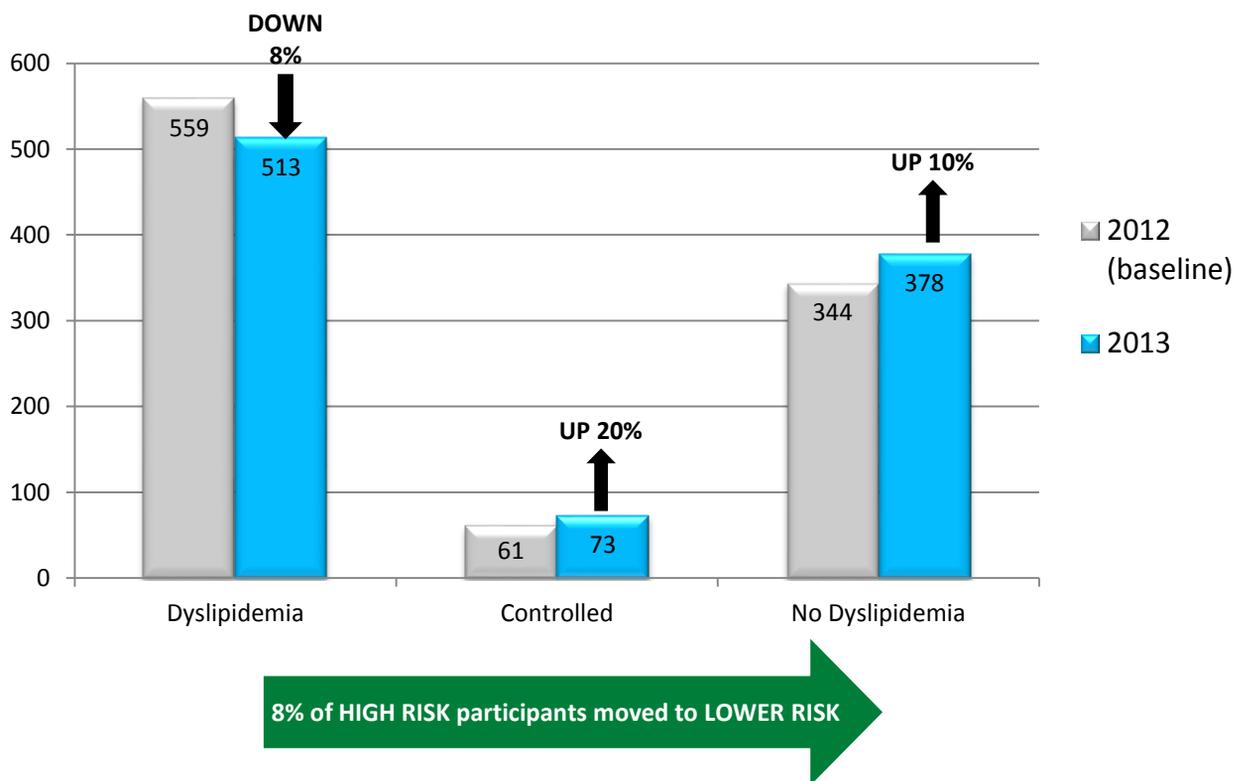
Blood Sugar - Cohort Analysis



Key Findings

- + The number of participants in the Pre-Diabetes risk category increased by 4%
- + The number of participants in the Managed Diabetes risk category decreased by 50%
- + The number of participants in the Normal Blood Sugar risk category decreased by 2%
- + Average fasting glucose decreased by 2%

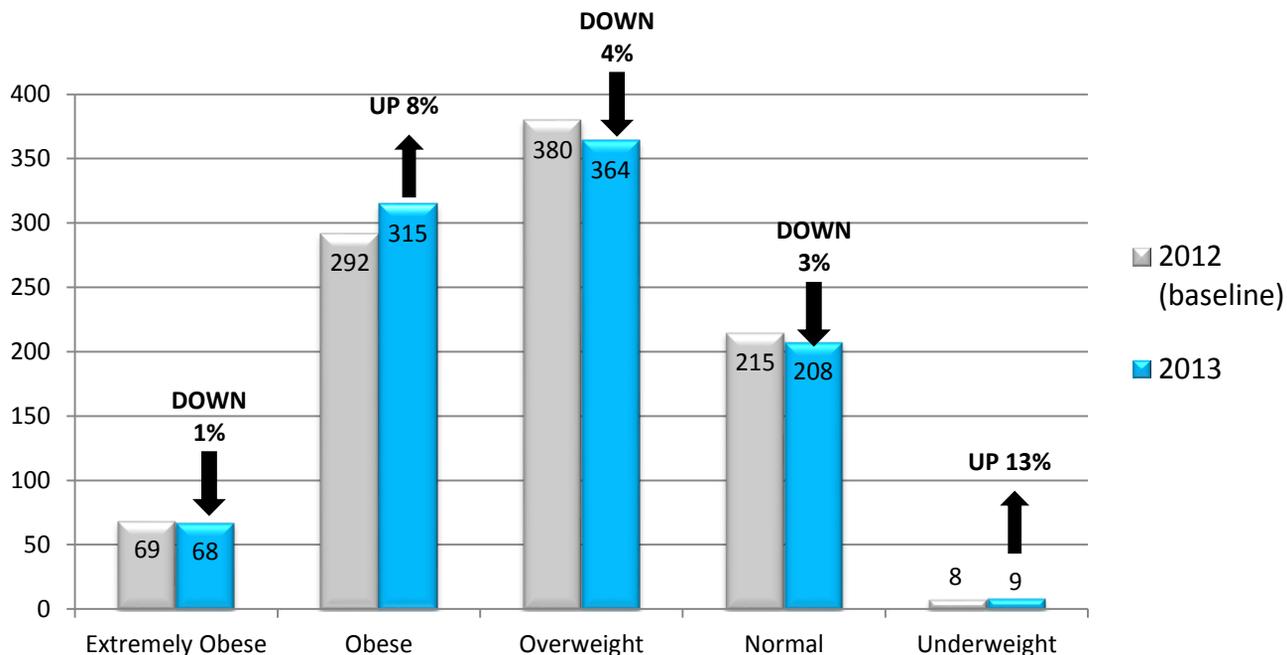
Heart Health - Cohort Analysis



Key Findings

- + The number of participants in the Dyslipidemia (high CHOL, low HDL, high LDL and/or high Triglycerides) risk category decreased by 8%
- + The number of participants in the Controlled Dyslipidemia risk category increased by 20%
- + The number of participants in the No Dyslipidemia risk category increased by 10%
- + The number of participants in the Very Good (“good”) HDL category increased by 21%
- + The number of participants in the High (“bad”) LDL category decreased by 11%
- + The number of participants in the Very High Triglycerides category decreased by 29%
- + Average fasting total cholesterol decreased by 1%
- + Average fasting HDL (“good”) cholesterol increased by 1%
- + Average fasting LDL (“bad”) cholesterol decreased by 1%
- + Average fasting triglycerides decreased by 4%

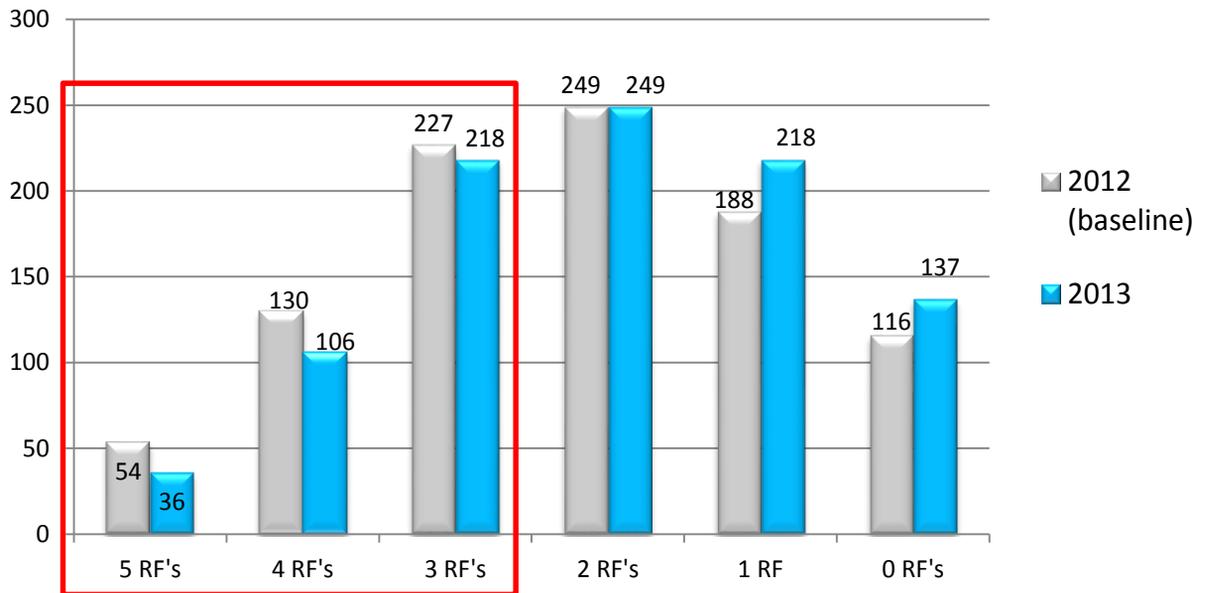
Body Mass Index - Cohort Analysis



Key Findings

- + The number of Extremely Obese participants decreased by 1%
- + The number of Obese participants increased by 8%
- + The number of Overweight participants decreased by 4%
- + The number of Normal Weight participants decreased by 3%
- + The number of Underweight participants increased by 13%
- + Average abdominal circumference decreased by 1%
- + Average body mass index increased by 1%

Metabolic Syndrome - Cohort Analysis

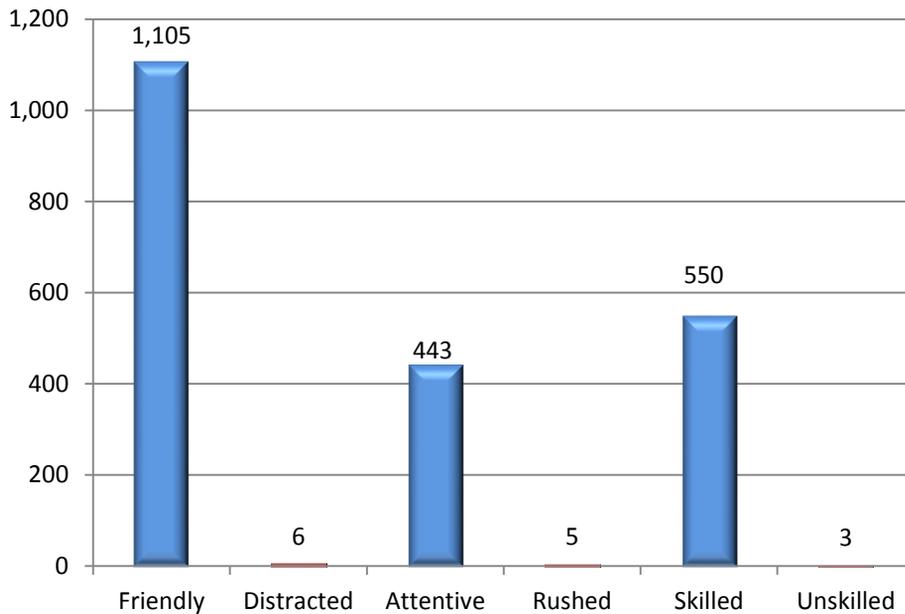


Key Findings

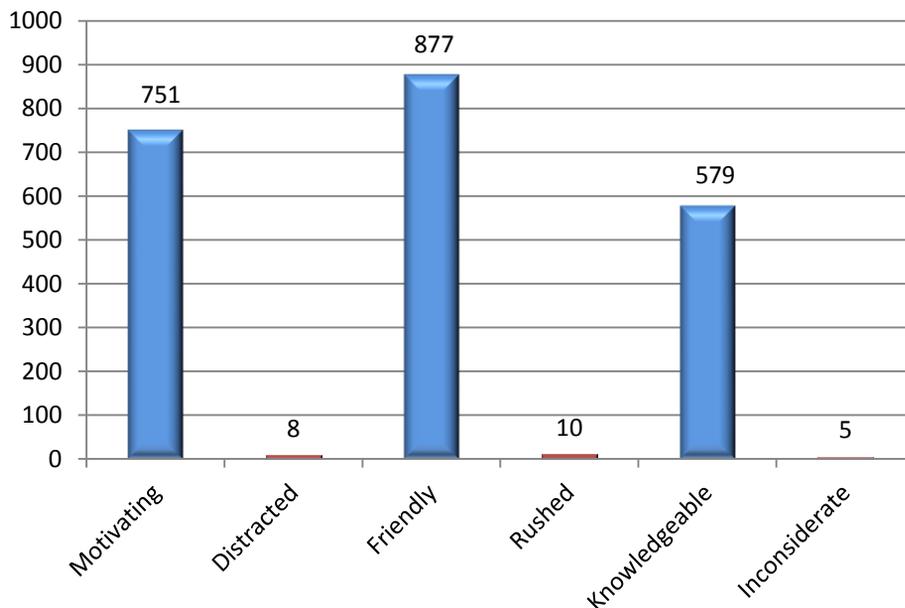
- The number of participants with Metabolic Syndrome decreased by 12%

Additional Participant Survey Results

Please describe your Health Technician - the person who did your finger stick. Check all that apply.



Please describe your Nurse Practitioner. Check all that apply.



Participant Comments

Participants were also given the opportunity to share any additional comments or suggestions about their experience. The following were their responses.

- + Todo Bien
- + Good job
- + I'm good thanks
- + Appreciated all the helpful info they gave me.
- + Great job
- + Great job
- + Getting a very helpful Primary Care Doctor has not happened ever. I met a good Dr. once, but he temporarily drove to Abilene but lived in Denton.
- + Thank you
- + Overall outstanding experience. Thank you!
- + No just that i was treated very well and the staff was great
- + Nice Job. Thank you very much
- + Thank you for being so kind!
- + Overall a great job.
- + No Comment
- + Everyone was friendly and it was an overall pleasurable experience.
- + Thank you much
- + Good people
- + Everything was Great
- + Staff very helpful and knowledgeable.
- + Me gusto su servicio fueron todas las personas muy amables Gracias
- + Rodo / Foalmanza
- + Excellent service I
- + No estuvo muy bien
- + No comments
- + Well Satisfied with all of you!
- + There needs to be more eye contact with patient as possible
- + Everyone was outstanding
- + Excellent service
- + Wonderful Group of People
- + Ninguna
- + None =D
- + STAFF MAKE IT A PLEASANT EXPERIENCE
- + Would be nice to keep to appointment times.
- + No comentario
- + No tengo comentarios todo estuvo bien
- + Todo Bien.

- + No todo esta muy bien
- + Everything good - Keep it.
- + N/A
- + Una vez más, buen trabajo
- + They were all outstanding :)
- + Very good experience.
- + Pasen feliz dia!
- + Gracia po axodarme
- + Over all very good
- + Yall all are so nice :)
- + Si, agradezco que nagan esto por nosotros, muchas gracias
- + Adequate, over all usefull
- + ALL GOOD
- + Friendly
- + No todo muy bien
- + Ningana
- + Everyone was nice & friendly
- + Keep up with the good work!
- + You guys were lovely! :)
- + I am so happy when I come
- + No Thank you
- + Nesecitamos más servicio en español
- + Pleasant
- + Very good exsperience I always look Forward to these visits.
- + Gracias por todo le que hacen
- + Gracias por su atencion
- + Everything was great. Thank you
- + Much better experience than last year
- + No.
- + Es buena la atencion
- + Extremely very please with all
- + Why can't this be done with our doctor at same time of our yearly ex.?
- + The Catapult Health Screening is so helpful to help me understand my current health status as well as motivating to improve
- + Very good :)
- + VERY GOOD.
- + All things considered, the experience was better than I expected
- + None.
- + Perfecto
- + To do Fue Prifeoto
- + Everything fine
- + Tomo un poco ma's de tiempo que el oino pasado.
- + Buen personal
- + Very friendly! Actually considering working here :)

- + Great!!
- + Test was late in day & choice of snack & things very poor. When you are hungry not so good
- + Very positive attitude with the staff. They need a bonus!
- + Tienen Muy buen Servicio
- + Agradecido por el servicio y la atención
- + Good job ladies & gents :)
- + Todo exelente?
- + BERRY GOOD EBRETHNG
- + Friendly + understanding staff. Slow service, technology problems.
- + Thanks for your help
- + THANKS
- + Todo el servicio es muy bueno
- + thank you very much
- + Very good service & concern Thank you very much
- + No thanks
- + No comments
- + Good experience
- + Nipgun problema
- + Thank you for the info on how to make my lifestyle better + healthier
- + Son muy Buenos
- + Appreciate you coming on site
- + N.A
- + Fast & Easy
- + Great job!
- + None
- + Thx for everything
- + Such a friendly staff!
- + Todomuybien!
- + Sigan asi, Adelante! =)
- + Keep up the good work!
- + Si se portaron muy profesionales y yoles doy gracias.
- + Gracias a todos
- + I would have gave & ten IF The poke In finger didn't hurt
- + Loved the Friendliness and kindness of the people. Also the privacy I received from my Nurse Practitioner
- + Good!
- + NOT at ALL
- + So thrilled that flu shot was offered to spouses!
- + Everything was great...
- + GREAT STAFF!
- + Thank you very much.
- + Laura was great, very knowledgeable
- + Getting the flu shot from you guys is wonderful doesn't hurt at all *awesome*
- + Great work ! Ease to move through the stations.

- + I was very pleased with this company.
- + NA
- + Today Muy Amables y Profecionaly
- + Thank you
- + No ninguna
- + Todo perfecto
- + Loved it! Keeps me updated on my medical issues. Thanks
- + Nurse Practitioner is extremely friendly and very helpful.
- + Gracias a toders las personas por su apoyo y fueron muy amables
- + Great!
- + Very efficient
- + No
- + Great job. Thank you
- + No
- + Los Servicios Exelente
- + Todo muy Bueno
- + Ninguno
- + Gracias
- + Very good
- + Put signs out in front of the building and an address on-line
- + Very friendly staff
- + Ruben was great
- + A few more nurse practiones
- + Todo Perfecto. Thank you
- + Real nice people
- + No gracias
- + Que sor exelntes y me agranda su atención
- + Viva Mexico Cabnones!!!
- + Awesome job
- + VERY WELL DONE!
- + Outstanding personnel
- + Muy buenas personas
- + Enjoyed the friendly peoples. Very nice people.
- + Great people love to see them again
- + You were great! All of you!
- + Exelente buen trabajo gradias
- + Felicitar al personal muy profesional
- + MUY VIEN TODO GRASIAS
- + Foob a personal for muy amablc gracias
- + This is stupid
- + Cool
- + Esp. liked the Nurse Practitioner!
- + Informative
- + Everyone is very nice.

- + Everyone great - top notch
- + Whole experience positive, motivating and informative.
- + Thanks!
- + Outstanding experience! Thank you EXA!
- + Lacey was awesome
- + SHOULD TAKE PEOPLE ON FIRST COME BASIS WHEN THEY ARE EARLY AND SOMEONE ELSE IS LATE
- + Todo estubo muy bien me senti muy comoda.
- + I would definitely use the health service at anytime. comes highly recommended
- + Todos son muy amables graa'as
- + EVERYONE WAS GREAT
- + GOOD FRIENDLY,KNOWLEDGEABLE WORKERS.
- + GREAT SERVICE.THANKS FOR A GREAT EXPERIENCE.
- + THE NURSE PRACTITIONER WAS VERY INFORMATIVE!
- + Technicians did a fantastic job keeping me comfortable.
- + More Good Health Information About Foods
- + VERY THOROUGH & FRIENDLY STAFF!
- + HEALTH TECHNICIAN DIANARA OUTSTANDING SERVICE
- + NO EVERYTHING GOOD
- + THEY WERE VERY CONSIDERATE
- + Love every body on staff, great team
- + Thank You!
- + Great to speak to someone who is friendly and so willing to give good recommendations to improve my health
- + Thank you for Dr. Happy.
- + Very professional people
- + Todos atentos muy bien
- + Si me atendieron muybien grasias
- + I didn't do this Bio testing last & regret not doing it. My experience today was very helpful. The staff explained everything well.
- + Pues dandoles las gracias por lo que hicieron por my y my salud quedios se los page