



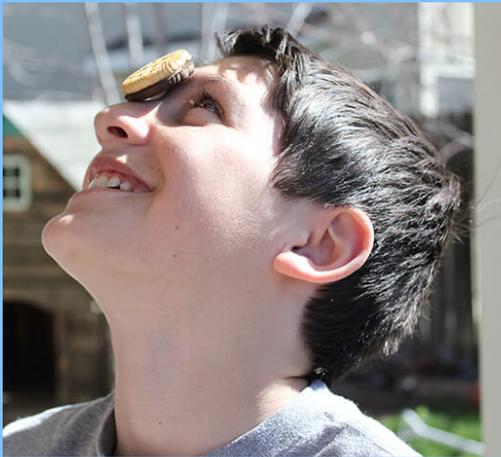
# YOUTH SERVICES MINUTE TO WIN IT!

This week's Minute to Win It blog has us utilizing creativity! Keep reading if you're ready to take on some creative challenges and think outside the box while racing against the clock!

SEPTEMBER 18, 2020

WEEK 3: CREATIVITY

What is Creativity? According to ***Human Motivation by Robert E. Franken***, Creativity is defined as the tendency to generate or recognize ideas, alternatives, or possibilities that may be useful in solving problems, communicating with others, and entertaining ourselves and others. Use this definition to guide you through this week's Minute to Win it Challenges!



## FACE THE COOKIE

**Supplies: Sandwich Cookies**

In this game, you'll need to start with a sandwich cookie placed on your forehead. The goal of this game is to get the cookie to travel from your forehead to your mouth while only using your facial muscles to move the cookie! The show has a 60 second time limit, but feel free to adjust this game as necessary!

[Source](#)

[Official Instructions](#)

## PLAY IT BY EAR

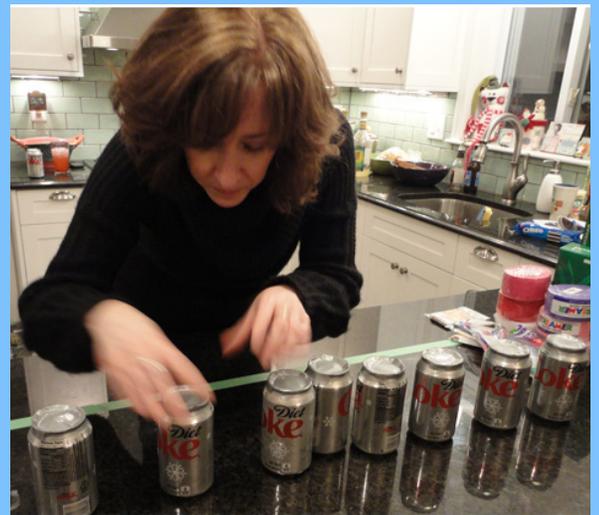
**Supplies: Aluminium Cans, 72 pennies**

**Prep:** Insert pennies into cans, starting with 2 pennies and increasing the amount each can by 2 pennies until the last can has 16 cents inside

In this game, you'll want to use your listening skills! This game is played by shaking cans with various amounts of coins inside (cans with 2 pennies to 16 pennies). As you shake the cans, you will need to arrange them in the correct order from the can with the least coins inside to the can with the most coins inside. The show has a 60 second time limit and 8 cans filled with coins, but feel free to edit the game to fit your players!

[Source](#)

[Official Instructions](#)



\*This game has been modified from the version on the show to make it easier for younger participants



# NOODLING AROUND

**Supplies: Uncooked Pasta Noodles (Spaghetti and Penne)**

In this game, you'll need to use an uncooked spaghetti noodle, held in your mouth, to thread penne noodles from around the perimeter of a table onto the spaghetti noodle. Hands are not allowed to be used in this game! If the spaghetti noodle breaks, you can start over. The show includes six penne noodles and a 60 second time limit, but feel free to modify the game as needed.

[Source](#)

[Official Instructions](#)

# BREAKFAST SCRAMBLE

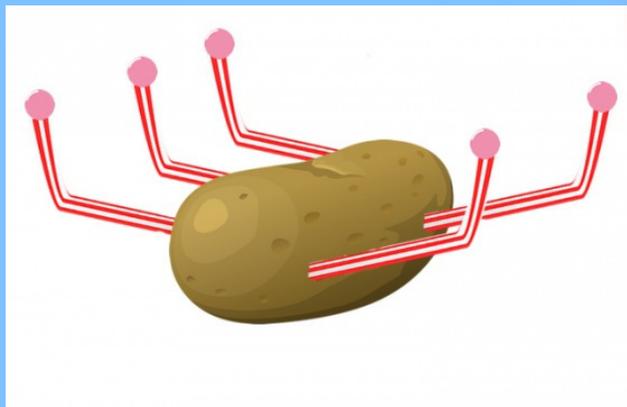
**Supplies: Front of Cereal Box (cut up into 20 equally sized squares)**

If you like puzzles, this is the game for you! In this game, you will need to unscramble a pile of 20 equally sized squares to reassemble the front of the cereal box within a 60 second time limit. Feel free to adjust the game guidelines to best fit your players!



[Source](#)

[Official Instructions](#)



# SPUDNICK

**Supplies: Potato, Bendy Straws, M&M's**

In this game, you'll need to insert five bendy straws into a potato and then try to balance an M&M on top of each of the straws (5 M&M's total) for at least 3 seconds. The show includes a 60 second time limit, but feel free to modify the time limit as necessary!

[Source](#)

[Official Instructions](#)



Youth Services Coordinator  
Catherine Marler  
cmarler@sanmarcostx.gov

Youth Services Specialist  
Tori Garcia  
vgarcia@sanmarcostx.gov