

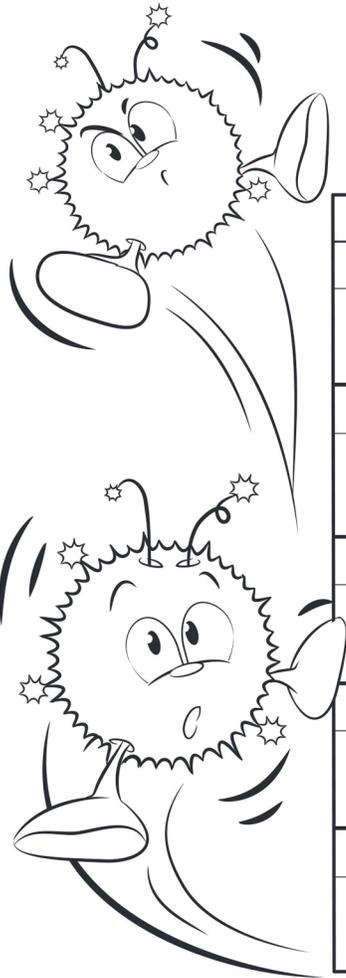
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America's leading advocate for oral health

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SAMMARCOS

# Swat the Sugars!

Brush 2 minutes 2 times a day - 2min2x - to swat those pesky sugars out of your mouth and keep your smile healthy. Fill in the calendar dates in the corner and then check off each of the 2 boxes every time you brush. Make it a habit for a great smile!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<input type="checkbox"/> <input type="checkbox"/>						
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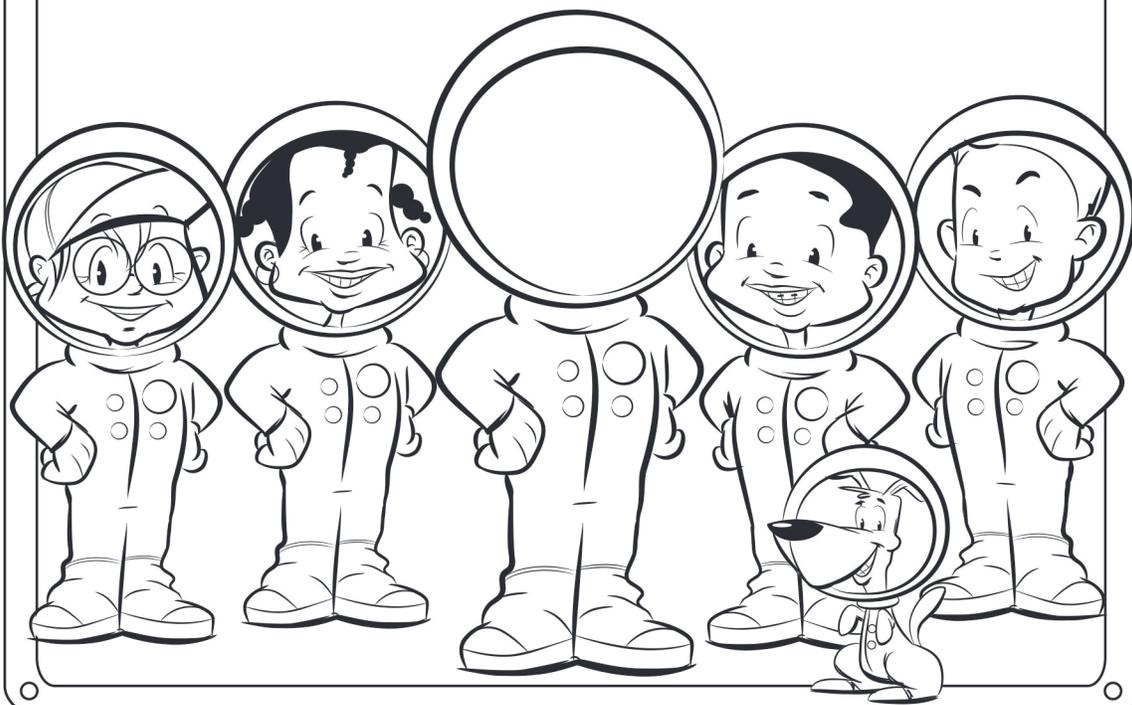
The Crew of the USS SugarSwatter are sweeping the galaxy to keep it free of hidden sugars. Can you circle these sugary sweets hidden in the picture?



# Congratulations!

\_\_\_\_\_

is an official crew member of the **USS SUGAR SWATTER**  
dedicated to keeping smiles sparkling by  
limiting sugary treats, eating healthy foods,  
and brushing 2min2x!



(Paste or draw a picture of yourself in the circle above!)